



# GROWING HEALTHY SCHOOLS MONTH

Initiative of the Office of the State Superintendent of Education

## Go on an Environmental Field Trip

Growing Healthy Schools Month is the perfect time to engage students and the school community with their local environment. While outdoor field studies can happen throughout the year, we hope this month inspires you to plan something special that will connect your students to the world around them. Below are some recommendations on activities and projects:

### ACTIVITY/ PROJECT

### SUPPORTING RESOURCES

Schoolyard Investigations

No need to take a bus to go on these trips! Search for signs of living things by going on a [Schoolyard Safari](#), or see what grade your school gets on this [Schoolyard Report Card](#).

Explore your Neighborhood

See the environmental features of some the District's neighborhoods through the eyes of a landscape architect by going on a [self-guided walking tour](#) developed by the American Society for Landscape Architects. Or, plug in your ZIP code on the [DC Parks Rx](#) search to get a list of parks closest to your school.

Get Close to the Anacostia River

Take your student on the water by going on a field experience with [Anacostia Watershed Society](#), [Chesapeake Bay Foundation](#), or [Living Classrooms](#). Want to stay on land? Try visiting [Kingman Island](#) or [Kenilworth Aquatic Gardens](#) to see amazing wildlife habitat along the river that runs through the District.

Discover Environmental Exhibits at Museums

Here are some ideas of museum exhibits and programs on the National Mall can integrate environmental themes: [history of food](#), [plants](#), [Native Americans](#), [natural history investigations](#), and [aerial and satellite observations](#).

Gone Fishing!

Want to see the fish, frogs, and turtles that call the District home? Take a tour of the [Aquatic Resources Education Center](#), where you can also schedule a fishing clinic for your students. For more info, contact [teresa.rodriquez@dc.gov](mailto:teresa.rodriquez@dc.gov).

Create a Plan to Connect with the Chesapeake Bay in the Spring!

[Chesapeake Bay Trust mini-grant](#) applications are due on January 15, 2016 for projects that begin will begin after March 12, 2016.

If you would like assistance planning or implementing any of these projects, please contact Grace Manubay, environmental literacy coordinator at the Office of the State Superintendent of Education by emailing [grace.manubay@dc.gov](mailto:grace.manubay@dc.gov) or visiting <http://osse.dc.gov/service/healthy-schools-act-initiatives>

